

NAME \_\_\_\_\_ DATE \_\_\_\_\_ Received on \_\_\_\_\_  
*counselor use only*

COLLEGE (WHERE YOU WANT YOUR LETTER SENT)	APPLICATION DEADLINE	COMMON APP - Y/N?

# My Brag Sheet

**REQUEST RECOMMENDATIONS AT A MINIMUM OF TWO (2) WEEKS PRIOR TO THE APPLICATION DEADLINE - Counselors will prioritize recommendations by deadlines**

**Please answer ALL of the following questions and be as descriptive as possible.  
TYPE YOUR ANSWERS ON A SEPARATE PAGE**

1. Describe an activity (school, community, athletics, job, volunteer, etc) of which you are particularly proud. What do you feel you gained from this experience and what impact did it have on you as a person?
2. In what areas have you shown the most development and growth during the past 3-4 years?
3. Social media can be superficial and self-serving, with no room for expressing deep or complex ideas. Challenge this notion by describing yourself as fully and accurately as possible in the 140-character limit of a Tweet.
4. What inspires you?
5. If you had to describe yourself in 5 adjectives, what would they be and why?
6. Describe a challenge or disappointment and how you handled it.
7. Are there any other unusual circumstances, positive or negative, that have affected you in or out of school? If so, explain.
8. If you have been suspended, given detention, or been in trouble outside of school, please explain.
9. Please include anything else about yourself that you think a college admissions panel would want to know when evaluating your application.